

Global burden of schizophrenia today

Impact on Patients, Caregivers and Society
and Strategies to Lower the Burden

Today, on World Mental Health Day:

Schizophrenia is a growing global public health issue



24 million
people globally are living
with schizophrenia¹



And a major cause of disability

Schizophrenia is one of the top 25 causes of disability worldwide^{2,3}

At significant human cost



Only **10-15%** of people with schizophrenia have paid jobs⁴



Two-thirds do not receive the specialist mental health care they need¹



Their life expectancy is **15-25%** less than people without schizophrenia⁵



70% are cared for by their parents⁶

And significant healthcare cost



In the US alone, **238 people** will be hospitalised today due to psychosis at a cost of US\$ 2.2 million⁷



Strategies to improve the lives of patients and their caregivers

Medical intervention can improve outcomes



Intervene early in **first episode psychosis** to delay time to first hospitalisation, reduce the risk of relapse, and improve long-term outcomes⁸



Integrate pharmacological treatment, psychoeducation and rehabilitation¹



Manage **comorbid mental disorders**⁷



Maintain adherence to therapy to **improve functioning** and patient life engagement

And societal intervention provides support



Reduce the stigma of schizophrenia¹⁵



Increase access to **mental health services**¹



Provide caregiver support⁶



Improve access to **assisted housing and employment**¹

WORLD MENTAL HEALTH DAY



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References

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